

Intro Psych Flash Cards

Make flashcards for the following terms while you read pgs. 60-66 in Huffman. The cards are due Wednesday, September 24 **when you walk in the door!**

- CNS
- PNS
- Neuroplasticity
- Neurogenesis
- Spinal cord
- Reflexes
- SNS
- ANS
- Sympathetic
- Parasympathetic

What do I write on them? HELP!

Ok, so each card needs **four to five** things:

1. The term written out...obvi.
2. Page # for reference.
3. The definition of the term. Put this in your own words as best you can. This may include dates, meaning, places, etc.
4. The significance of the term. In other words, why does it matter? (Ex. For Wundt, he is significant because he "established the first psychological lab...")
5. A sample or example that uses or explains the term and helps you remember it. Could be a mnemonic device of some sort, who knows get creative! (for people you can **skip** this...or get really creative, whatever helps you to remember.

Ok, that should be pretty clear, but here's a model anyway! You don't have to cleave to this model, but this would suffice and may be a good place to start.

Behavioral Perspective (recommend you put on back) p. 11

Def: TB: objective, observable environmental influences on overt behavior. MY: analysis/observations of peoples reactions to stimuli.

Signif: "shaped the course of psychology," Watson & Skinner's work on learning/acquiring behaviors was highly influential, still around today (modern)

Sa/Ex.: I watched my dog eat different foods I put in his tray and found it interesting how different his reactions were.