

SoC Notes 3

Name _____

Directions: Read pgs. 388-391 and complete this worksheet defining all key terms in your own words, using them in a sentence, and rendering a drawing that symbolizes the meaning of the term. At the end of each section, provide a 3-4 sentence summary of what you read.

| Term | Top Box: Definition (IYOW) ♦ Bottom Box: Use in a sentence | Drawing symbolizing the term |
|---------------|--|---|
| Insomnia | | |
| | | |
| Stanley Coren | Who was he? | Draw a cartoon about his most significant contribution. |
| | Why is he significant? | |
| Sleep apnea | | |
| | | |
| CPAP | | |
| | | |

| Term | Top Box: Definition (IYOW) ♦ Bottom Box: Use in a sentence | Drawing symbolizing the term |
|---------------|--|------------------------------|
| Narcolepsy | | |
| | | |
| Somnambulism | | |
| | | |
| Night terrors | | |
| | | |
| Bruxism | | |
| | | |

| Term | Top Box: Definition (IYOW) ♦ Bottom Box: Use in a sentence | Drawing symbolizing the term |
|-----------|--|------------------------------|
| Enuresis | | |
| | | |
| Myoclonus | | |
| | | |

Section Summaries

Directions: Write a 3-4 sentence summary for each section you read below.

8. What are some common sleep disorders, and what are their consequences?