

## ***Secret Life of the Brain: The Teenage Brain (PBS)***

### Viewing Guide

1. In this program, Steven E. Hyman says, “The brain is a work in progress, and adolescence is the last great time of enormous brain change and brain development.” Think about your experiences and feelings in recent months. Do you see any evidence that your brain is changing?
2. As you watched the program, how did Courtney Hale Cook’s experiences with schizophrenia challenge your previous ideas or teach you something new?
3. What did you learn about drug addiction from this program that challenged your previous ideas or taught you something new?
4. If addictive drugs change their brains, are teenage addicts still responsible for their addictions? What are some ways teenagers can resist taking these drugs if their brains have been altered?