Mental Health Topics Notes

Day 1 Topic: _____

Provide a brief summary of the disorder. What is it?	
What are the primary <i>causes</i> ?	What are the primary <i>symptoms</i> ?
Who is <i>at risk</i> for this disorder?	How would one be diagnosed with this disorder?
What are the treatment options for this disorder?	

Contemporary issues and opinions pertaining to this disorder

Article Title: _____

Summarize the main idea of this article. (i.e. "So basically, xyz happened")
What is the essential question that arises from this reading?
What is your reaction to the article? Were you surprised, saddened, intrigued? Why and by what
specifically?
What are you most interested in talking to your group about regarding this article/issue? You will be
asked to share this, so employ some deep thinking here!
What did you learn about this disorder that you didn't previously know? How might this knowledge help
or inform you in the future?