

Kathy O.

Psychology explores the questions why do we act the way we do? What causes responses in human beings or animals? What motivates us to behave or think in certain ways? Better yet, why are *you* who you are? Why do *you* act the way you do? Is it our genes, environment, peers, family, personal beliefs, soul, or other factors?

Take a moment to jot down your initial thoughts about this topic.

Consider the true story of Kathy Ormsby. What explanations can you give for why she behaved the way she did? What is your **hypothesis**, or best guess about what caused her to act that way?

Psychological Perspectives: Kathy O.

The case study of Kathy Ormsby raises many interesting questions for the field of psychology. How can we explain Kathy's behavior? Provide an explanation from each psychological approach use to explain what Kathy did?

Biological:

Evolutionary:

Psychodynamic:

Behavioral:

Cognitive:

Humanistic

Sociocultural: