

Name _____

Inside Out Viewing Guide

1. Who is Riley? Describe her personality. You will need to come back to this question throughout the movie.

2. Describe each of the characters below. Take notes specifically on characteristics of each emotion, times when each of the five emotions are in control, how each emotion made “decisions” for Riley, the role each emotion plays in Riley’s life.

Joy

Sadness

Fear

Name _____

Disgust

Anger

3. How does Riley store memories? Explain the complete process.

4. What are core memories? How are core memories similar and different to long term memories?

5. What does Joy and Riley realize when they look back at some of the memories that Sadness touched?