

Humanism Notes

Directions: Read the handout and complete this worksheet defining all key terms in your own words, using them in a sentence, and rendering a drawing that symbolizes the meaning of the term. At the end of each section, provide a short summary of what you read.

Term	Top Box: Definition (IYOW) ♦ Bottom Box: Use in a sentence	Drawing symbolizing the term
Humanistic Psychology		
Abraham Maslow	Who was he?	Draw a cartoon about his most significant contribution.
	Why is he significant?	
Maslow's Hierarchy of Needs		
Carl Rogers	Who was he?	Draw a cartoon about his most significant contribution.
	Why is he significant?	

Term	Top Box: Definition (IYOW) ♦ Bottom Box: Use in a sentence	Drawing symbolizing the term
Unconditional positive regard		
Accepting		
Genuine		
Empathetic		

Section Summaries

Directions: Write a 3-4 sentence summary for each section you read below.

The Humanistic Perspective	Abraham Maslow and Self-Actualization
Carl Rogers and the Person-Centered Approach	Assessing Personality and the Self
Evaluating the Humanistic Perspective	