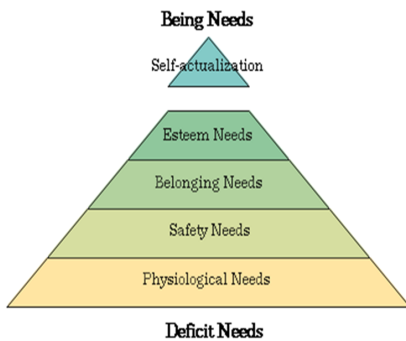## Analyze a Character or Celebrity

1. Choose a TV/ Book character OR celebrity that you believe is a paragon (ideal model of excellence). In **no less than 5 sentences**, you must explain how this person has met each stage of the Maslow's hierarchy of needs.
    a. More specifically
        1. You must explain why your character/celebrity's should be considered a model of excellence **OR** someone who is stuck at a stage. In other words, what has this person done or does that makes them a model of excellence.
        2. Identify and explain each step of Maslow's hierarchy of needs
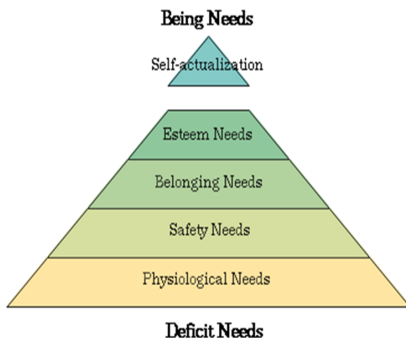   3. Describe how your character/celebrity meets each need including achieving self-actualization **OR** what your character would need in real life to have their needs met

The goal is to be explaining why the person you picked acts a certain way applying the humanistic theories we've learned. Don't worry about whether it's accurate to what happened, worry about properly applying Maslow's hierarchy of needs. (i.e. it's ok to sort of "make up" the application)

Being Needs

Self-actualization

Esteem Needs

Belonging Needs

Safety Needs

Physiological Needs

Deficit Needs

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